

CAMP GAN ISRAEL of SOUTHAMPTON SUMMER 2013

MINI-GAN HANDBOOK B"H

GENERAL INFORMATION:

DATES: The first day of camp is on Monday July 1st, the last day will be Friday August 9th.

TIMES: Camp begins at 9:00 am and ends at 1:00 pm, for the 2 year olds Camp begins at 9:00 am and ends at 2:00 pm for the 3 & 4 year olds. Extended day for Mini Gan (2's and 3's) is 9:00 a.m. -3:30 p.m. Friday dismissal is 1:00 pm for all campers.

LOCATION: Our camp is located at the Southampton Montessori School. 135 St. Andrews Road, Southampton NY 11968.

PHONE NUMBERS: You can reach camp director Chany Konikov during camp hours at the camp office at (631) 283-8211 or at (631) 680-6140. Assistant Director, Shterna Elberg can be reached at (347)853-1061

SAFETY: Camp Gan Israel is renowned for its warm nurturing staff. Your child's well being is our primary concern.

Every staff member has read their campers registration form, medical form and allergies and is familiar with the information.

MINI GAN ARRIVAL:

- Campers should be dropped off between 8:55 am and 9:05am
- We will be using the carpool method of <u>morning drop off</u> for all campers (including mini gan) to ensure the safety of all our children. In the morning when dropping off your child (ren) please do not park, just drive to the coned off area and there will be one counselor from each bunk waiting and ready to escort your child into camp. Please do not stop and let your children out until you have reached the coned off area and the staff.

For the first two or three days of camp we suggest you park and bring your child into their room as it is a new experience for them.

- Parents are always welcome to park and come into camp if you would like.
- If you do choose to park, once parked, please hold your child's hand and bring them into the building.

A NOTE ON GREETING

Parents want to their child greeted warmly at the start of the day and rightfully so. Therefore it is important that your child arrives on time so that they can have that warm beginning and be given special attention by the staff. After 9:10 we start activities and the focus of the staff must move forward. If you are late, we will do our best to smooth the way but please understand the limits of the situation.

PICKUP:

We will be using the carpool method for pickup each day as well. Drive to the coned off area and a staff member will bring your child to the car.

TARDINESS AT PICK-UP-TIME

Late pick-ups are difficult for children as well as unfair to staff. Children who are not picked up on time must wait in the office. This is upsetting to them and can ruin a perfectly fine day! So please make sure to be prompt.



CHANGE OF DISMISSAL PLANS

If your child's end of day arrangement is different from the usual, please give a written note to the teacher or send an email to cgisouthampton.com the night befre. Please do not leave oral messages.

BRINGING YOUR CHILD TO CAMP – THE FIRST DAY AND BEYOND:

Only one adult should accompany the child to their room on the first day (to minimize commotion). Plan on a relaxed leave-taking, this does not mean to stay long, but rather that your child should not feel hurried while you are here. (We call it the KISS method, Keep It Short and Sweet). The point to emphasize is that "mommies (or daddies or nannies) always come back. Keep in mind that although your presence is reassuring to the child, they often cannot get on with the business of coping and adjusting until you leave. Your child's teacher will work with you to determine the best adjusting style for your child. The "fussing" is almost always over by the time you reach your car, but if you are concerned, you can always call camp later just to check. (Sometimes we see "fourth-day-it's", which is the type of behavior you associate with the first day, but for whatever reason doesn't show up until a few days or later. Let us know if you see this).

What we recommend, if needed, the first day to remain with your child up to a half hour, the second day fifteen minutes, the third day five minutes, the fourth day a kiss and goodbye. The teachers are there to hug your child and take over, so show your child that you trust them and they will feel secure.



MINI GAN PROGRAM IN DETAIL

Music together :

Rhythm, instruments, singing and dancing music together is an internationally recognized early childhood music and movement program that taps into and encourages every Childs innate musical ability and enthusiasm .the program leads them through primary music development to basic music competence.

Instructor: Inna Ferrara

Yoga:

Combine the structure and excitement of a creative movement class with yoga positions and imagery. Our yoga incorporates music props and an active pace while teaching children the basic yoga poses. Every class is another adventure. Instructor: dee Ezagui

Tumble Bus Gymnastics:

With it's basic components of coordination,flexibility,strength and balance,gymnastics provides the foundation to develop ones inherent sports potential.our program provides top quality gymnastics instruction that is a fun ,high energy introduction to the sport.Every surface is well padded for safety. Mini balancing beams,spring board and ,trampolines are all part of the fun.

Instructor: Kathy (Hamptons Tumble Bus)

Sports games:

Mini gan plays sports daily. Instruction will focus on the fundamental skills and understanding of soccer, baseball,kickball and other sports games.special attention is given to promote good sportsmanship and teamwork. Instructor:coach Ben Turnbull

Ben is an athletic instructor and special education teacher during the school year at Southampton Elementary.

Swimming for the 4's program:

We offer swimming three times a week in the Hamptons Hamlet full size swimming pool, with an instructor to child ratio of 1:3 .Each Child Will receive a full swimming lesson as they are introduced to the sport in a fun and loving way. Transportation to the pool and back is provided by the Hampton jitney

Aquatic director: Vicki boneguro

Vicki has been a Red Cross certified swim instructor in the Hamptons for the past 30 years. There is always a red cross certified life guard as well at the pool at all times.

Animal adventures:

Our nature sessions offer a unique combination of education ,creativity,and hands on activities with many different small animals.the children learn about the animals habitats and unique characteristics.

Instructor: Southfork Natural History Museum

Concerts with Bobby doowah:

:His contagious enthusiasm ,originality and creativity have been captivating and entertaining children for over 15 years.Gan Israel Southampton is excited to have him back for the second year!

Parents are welcome to join us as we experience the magic of this wonderful Jewish Children's entertainer.

WHAT YOUR CHILD NEEDS IN CAMP

Swimming: Mini Gan will be swimming daily in our kiddy pools, weather permitting. Please send in the following: A bathing suit, towel, water shoes, and sunscreen daily and a plastic bag for wet clothing.

The four year olds will have swim instruction with Vicki our red cross swim instructor, three times a week ,at Hamptons Hamlet.

Sports: Mini Gan will have sports daily. led by our sports coach Ben. Please make sure your child comes to camp in comfortable, safe shoes, appropriate for sports and our many outdoor activities. (please no flip flops or crocs)

Clothing: Please send your child with a cap or sun hat and please apply sunscreen at home daily before coming to camp(Counselors will reapply sunscreen before swim time. Clothing should be comfortable, washable and appropriate for camp activities (sandbox, sitting on a rug, art activities, field sports etc.) Clothes should allow for self dressing in the bathroom (the independence is great for self esteem). The less complicated the clothing the better.



Smocks: Please send a smock (marked with your child's name) that will protect their clothing to your satisfaction. A waterproof smock with sleeves is best. We use washable art materials whenever possible, but with or without smocks, expect your child's clothes to get dirty!

A complete set of clothing is to be kept in camp: Each item (including socks) should be marked with your Child's name.

Mark clothing: Clothing and back packs especially outerwear should all be marked with your child's name.

Toddlers not yet trained should have a supply of diapers and wipes sufficient for several days in camp to be replenished as needed. We do not initiate toilet training, but will support your efforts as much as possible. The toilets are child size and perfect for little ones.





Swimming diapers: For hygienic reasons children who are not toilet trained must have a supply of swim diapers.

Tzedakah: We encourage the children to bring Tzedakah (money for charity) every day. A penny or two is fine – the point is to develop a daily habit of sharing. It also helps children associate money with giving and doing a good deed. You can put it in a zip lock bag or tape it on their shirt.



Mitzvah Notes: A Mitzvah note is a narrative recognizing the child's positive behavior and actions. To enhance the partnership between home and camp, we encourage families to write mitzvah notes. Teachers will often send blank notes in a variety of shapes with a special camp theme of the week.



Lunch & Snacks: We will provide your child with a healthy snack and nutritious lunch daily. You can send in a water bottle daily with your child and we will refill it throughout the day and make sure each child drinks plenty of water. The only drink we serve in camp is bottled water.

Friday Shabbat Special Events: We end off each week with an exciting Shabbat celebration with dancing &singing ,treats and a very special event or show. We ask that all minigan campers wear their Gan Israel tshirts to camp each friday for our shabbat celebration.

COMMUNICATION AND PARENTS PARTICIPATION

We believe very strongly that smooth communication between camp and home is in the best interest of children, staff and parents. To facilitate this we offer the following:

Notes home: Weekly newsletters with summaries of recent activities, pictures of the week and plans for the coming week will be sent home from each bunk. Daily notes are sent home with each mini gan camper. Check your child's backpack for all notes.

Email Communication:Email is a great way to communicate with us. Our camp email is <u>cgisouthampton@gmail.com.Our</u> camp email is checked many times during the day as well as in the evening. However, if it is an urgent or very time sensitive matter please communicate with us by phone to make sure we received the message. We do send out email reminders, if you do not communicate by email at all please let us know and we will make a note of it.

Camp Calendar:Our camp calendar will have all dress up days, special events, concerts marked.

Parents Visits: Parents are welcome in camp. We also plan activities that will give you the opportunity to enjoy special times with your child. We give advance notice to enable you to join us.

Grand Carnival:All Parents are invited to attend our camp Grand Finale Carnivaland performance on Friday August 10th.

Bobby Doowah Concert: We will be having two summer concerts for Mini Gan. All parents are invited to attend. We will send a note home about it as well as an email.

Talk to the teacher: To speak to your child's teacher, call during camp hours and leave a message for her. Your call will be returned within 24 hours. Arrival and dismissal times are not appropriate times for long and meaningful conversation with teachers since they need to be involved with the children. However, you can give the teacher a note asking her to call you later. You are also welcome to email her directly.

Talk to the director: Call with any concerns you may have. Chany Konikov can be reached at (631) 680-6140, during camp hours and between 8:00 pm and 9:00 pm most evenings.Shterna Elberg can be reached at(347)853-1061

Keep us informed as well: If both parents are out of town, the camp must be informed. As with all changes in arrangements, this should be in writing or email in advance. It is also extremely helpful if you let us know when things are unusual at home. A stress can come from even positive situations, and teachers who are aware of the home situation are better able to help the children.

Suggestions: Put your ideas in writing and share them with us.

Child Supply List: Below is a child supply list for each child, please bring these items with your child on the first day of camp.

Storage box labeled with your child's name

- Complete change of clothes including underwear or pull ups
- Extra bathing suit
- Bathing Suit, towel, sunscreen, water shoes (please send these items with your child each day)



Directions to:

Camp Gan Israel Southampton

At the:

Southampton Montessori School 135 St. Andrews Road Southampton NY 1968

Coming from Bridgehampton:

Take 27 West towards Southampton; you will pass 7-11 on your left and continue for about a mile. St. Andrews road will be on your right and you will see a sign Southampton Montessori School. Turn right on St. Andrews road and turn right into the Montessori parking lot.

Coming from Southampton Village:

Take Hill Street going west, you will pass Enstine gas station on your right, continue for about ³/₄ mile and turn right onto St. Andrews road, continue until the end of St. Andrews road and turn left into the Montessori parking lot.

Coming from Westhampton:

Take 27 East to Southampton. You will pass Southampton College on your right and continue for about a block. Make a left on St. Andrews road.